

signature sandwiches

Before placing your order, please inform your server if a person in your party has a food allergy.

1. the bird \$12.99

grilled chicken, avocado, cucumber, arugula, and sweet chili lime ranch dressing on a baguette

2. smokey's blt \$10.99

hickory smoked bacon, arugula, slow-roasted tomatoes, basil mayo on toasted whole wheat

3. my way \$13.99

fresh mozzarella, prosciutto, arugula, balsamic reduction on a baguette

4. 413 bánh mi \$12.99

grilled pork, chicken, pickled vietnamese vegetables (carrots, daikon radish, cucumbers), cilantro, mint, jalapeno, mayo, sriracha on a baguette

5. garden of vegan \$10.99

chickpea and kale spread, avocado, sprouts, caramelized onions, shredded carrots, cucumber, tomato, and arugula on whole wheat

6. super hero \$13.99

meatballs, marinara sauce, mozzarella, and parmesan cheese on a soft roll, served hot

7. the general \$13.99

hot corned beef or pastrami, swiss cheese, sauerkraut, and russian dressing on rye, served hot

8. matt's meltdown \$10.99 add bacon or avocado \$2 each/add tomato (on us!)

three-cheese grilled cheese (cheddar, muenster, gruyère) on country white

9. the guido \$19.99 (this is a lot of sandwich - serves 2 to 4)

sopressata, pepperoni, genoa salami, mortadella, asiago cheese, roasted peppers, olive oil, and italian seasoning on a ciabatta loaf

10. italian mouthful \$10.99

sopressata, mortadella, genoa salami, provalone, lettuce, tomato, onion, roasted red peppers, olive oil, and vinegar on a ciabatta roll

11. rainbow wrap \$10.99

house-made falafel, avocado, hummus, baby spinach, carrots, and beets on a whole wheat wrap

12. curry temptation \$10.99

curry tempeh, avocado, tomato, cucumbers, lettuce, arugula, sprouts, and curry dressing on a whole wheat wrap

**sandwiches
for the
little ones**

\$4.49 each

CHOOSE YOUR BREAD:

country white
whole wheat

CHOOSE YOUR STYLE:

pb & j
almond butter & j
turkey or ham
with or without cheese

