

# BUILD YOUR OWN SANDWICH

before placing your order, please inform our staff of any food allergies

## — bread

country white	kaiser roll	plain wrap
whole wheat	portuguese roll	whole wheat wrap
rye	ciabatta roll	spinach wrap
gluten free	baguette	sun-dried tomato wrap

## — protein

ham	curry tempeh	chicken salad
turkey	roasted tofu	hummus
roast beef	tuna salad	<b>or choose any meat from our deli case!</b>
chicken	egg salad	

## — cheese

cheddar	mozzarella	<b>or choose any cheese from our deli case!</b>
swiss	colby jack	
american	muenster	
provolone	havarti	

## — veggies

lettuce	sprouts	carrots	banana peppers
tomato	pickles	caramelized onions	hot peppers
onion	arugula	kalamata olives	roasted red peppers
cucumber	spinach		

## — dressing

mayonnaise	russian	olive oil
deli mustard	hot sauce	red wine vinegar
yellow mustard	horseradish	salt and/or pepper
honey mustard	hummus	italian seasoning

### sandwich or wrap:

1 protein + 1 cheese - \$9.99

veggies + 1 cheese - \$7.99

### baguette or ciabatta roll:

1 protein + 1 cheese - \$11.99

veggies + 1 cheese - \$9.99

**add bacon, fresh mozzarella, or avocado:** \$2 each

**WANT IT  
HOT?** go  
for  
**a panini!**